



1. Personal and Contact Information:

First and Last Name: Heshmatolah

Academic Rank: Heydari

Personal Email: Hidari74@gmail.com

Academic Email:

Mobile Number:

Office Phone Number: +6633120140

Fax Number: +6633120140

Date of Birth: July 25 1976

Marital Status: Married

2. Education:

BSc: (Field of Study, Name of University, Year Graduated)

Nursing. Lorestan University of Medical Sciences. October 29 2000

BSc Thesis: (Title, Supervisor, Advisors)

No dissertation

MSc: (Field of Study, Name of University, Year Graduated)

Community Health Nursing. Iran University of Medical Sciences. January 23 2008.

MSc Thesis: (Title, Supervisor, Advisors)

The relationship between knowledge and family members' performance in confront with patient's heart attack

Supervisor: Marhamat Frahaninia

Advisor: Mohammad Thaghi Safdari & Dr Hamid Haghani

PhD: (Field of Study, Name of University, Year Graduated)

Community Health Nursing. Tehran University of Medical Sciences. August 27 2016.

PhD Thesis: (Title, Supervisor, Advisors)

Exploring the dimension of home health care: Protocol design.

Supervisor: Dr Alireza Nikbakht Nasrabadi & Dr Hooman Shahsavari

Advisor: Abdolrahim Hazini

3. Awards & Honors:

4. Scientific Position:

Assistant Professor. Department of Community Health Nursing, Lorestan University, during)

5. Executive Position:

Head of Community Health Nursing Department.

6. Teaching Experiences:

Geriatric Nursing in Postgraduate level & Community Health Nursing courses.

7. Clinical Experiences:

Critical care wards- Delivery of care in Community

8. Research Field:

Community Health Nursing

9. Grants:

1. Exploring the dimension of home health care: Protocol design. 2015. (Approved by Vice-Dean Research of Tehran University of Medical Sciences).

2. Exploring the clinical education of community health nursing: Protocol design. 2015. (Approved by Vice-Dean Research of Tehran University of Medical Sciences).
3. Exploring the health worker's perception of home-based Palliative Care in cancer patients: qualitative study. 2015. (Approved by Vice-Dean Research of Lorestan University of Medical).
4. Customer's satisfaction about prehospital emergency medical services (115) in Lorestan University of medical sciences, Iran.2013. (Approved by Vice-Dean Research of Lorestan University of Medical Sciences).
5. Assessment of related factors with physical activity among patients with type 2 diabetes based on Tran Theoretical model. 2012. (Approved by Vice-Dean Research of Lorestan University of Medical Sciences).
6. Exploring the nurses and nursing student's perception about Strategies of Improving Mentorship Plan in nursing: A Qualitative Study. 2012. (Approved by Vice-Dean Research of Lorestan University of Medical Sciences).
7. Workplace violence against working nurses in the Khorramabad educational hospital and the confronting behaviors in violent events. 2011. (Approved by Vice-Dean Research of Lorestan University of Medical Sciences).
9. A Comparative Study of Teacher Evaluation Priorities from Viewpoint of the Faculty Members and Students of Lorestan University of Medical Sciences. 2010. (Approved by Vice-Dean Research of Lorestan University of Medical Sciences).
10. Investigating the causes and the consequences of hospitalization in intensive care units. 2009. (Approved by Vice-Dean Research of Lorestan University of Medical Sciences).

10.Supervisor:

1. Investigating the effect of training intervention based on Theory of Planned Behavior on nurses' intention to perform hand hygiene.
2. The impact of family-centered interventions on family anxiety and depression and self-efficacy in patients with loss of consciousness in intensive care units (ICU).

3. The effect of community-based interventions to improve the lifestyle of elderly patients with hypertension who were referred to health centers of Khorramabad in 2019.

11.Advisor:

1. Comparison of the effectiveness of rehabilitation through home visit and telephone follow up on self-efficacy in CABG patients and their family caregivers' burden.

12.Papers:

English:

1. Kamran A, Sadeghieh Ahari S, Biria M, Malepour A, Heydari H. Determinants of Patient's Adherence to Hypertension Medications: Application of Health Belief Model Among Rural Patients. *Annals of Medical and Health Sciences Research* 4(6).November 2014. (Correspondence).
2. Heydari H, Shahsavari H, Hazini A, Nikbakht A. Exploring the Barriers of Home Care Services in Iran: A Qualitative Study. *Scientifica*. Volume 2016, Article ID 2056470
3. Kamran A, Shekarchi A, Sharifian E, Heydari H. The Comparison of Dietary Behaviors among Rural Controlled and Uncontrolled Hypertensive Patients. *Advances in Preventive Medicine* Volume 2016, Article ID 7086418, 7 pages. (Correspondence).
4. Aziz Kamran, Gholamreza Sharifirad, Heshmatolah Heydari, Elham Sharifian. The Effect of Theory Based Nutritional Education on Fat Intake, Weight and Blood Lipids. *Electronic Physician*, December 2016; 8(12). pp: 3333-3342. (Correspondence).
5. Heydari H. Home-based Palliative Care: A Strategy for Keeping Intensive Care Unit Beds Vacant. *IJCBNM*; Vol 4, No 2, April 2016.
6. Heydari H, Kamran A, Novinmehr N. Nurses' Perceptions about Causes of Medication Errors: a Qualitative Study. *Hayat, Journal of School of Nursing and Midwifery, Tehran University of Medical Sciences*. 2014; 20(4): 15-30. (Persian).

7. Heydari H, Novinmehr N, Kamran A. investigating the causes and the consequences of hospitalization in intensive care units. *Iran J Crit Care Nurse*. 2015; 8(3):149-158.
8. Heydari H, Baharvand F, Mohebi S, Pournia Y, Tabaraie Y, Kamran A. Predictive power of the transtheoretical model of physical activity in patients with type-2diabetes. *Bull. Env.Pharmacol. Life Sci.*, Vol 3 (3) February 2014: 141-151.
9. Kamran A, Bakhteyar K, Heydari H, Lotfi A, Heydari H. Survey of Oral Hygiene Behaviors, Knowledge and Attitude among . School Children: A Cross-Sectional Study from Iran. *International Journal of Health Sciences* June 2014, Vol. 2, No. 2, pp. 83-95. (Correspond).
10. Heshmatolah Heydari, Aziz Kamran, Esmaiel Zali, Nasser Novinmehr. Customers' satisfaction about prehospital emergency medical services in Lorestan (Iran). *Electronic Physician*, March 2017; 9(3).
11. Farzaneh E, Heydari H, Shekarchi AA, Kamran A. Breast and cervical cancer-screening uptake among females in Ardabil, northwest Iran: a community-based study. *OncoTargets and Therapy*; 7 February 2017; Volume 2017: 985—992.
12. Seyedeh Fatemeh Ghasemi, Fatemeh Valizadeh, Mohammad Almasian, Majid Firouzi, Heshmatolah Heydari. Newborns and Sepsis: An Overview of the Condition of Neonates Hospitalized with a Diagnosis of Sepsis in Iran in 2014-2015. *World Middle East Journal of family medicine*. Vol 16, 2. 2018. (Correspondence).
13. Heshmatolah Heydari, Zahra Rahnavard, Fatemeh Ghafri. Exploring the Position of Community-Based Nursing in Iran: A Qualitative Study. *IJCBNM*. 2017; 5(4):386-396.
14. Hooman Shahsavari, Alireza Nikbakht Nasrabadi, Mohammad Almasian, Heshmatolah Heydari. Exploration of the administrative aspects of the delivery of home health care services: a qualitative study. *Asia Pac Fam Med* (2018) 17:1. (Correspondence).
15. Heydari H. Home-based palliative care: A missing link to patients' care in Iran]. *Hayat, Journal of School of Nursing and Midwifery, Tehran University of Medical Sciences*. 2018; 24(2): 97-101.

16. Heshmatolah Heydari, Suzanne Hojjat-Assari, Mohammad Almasian and Pooneh Pirjani Exploring health care providers' perceptions about home-based palliative care in terminally ill cancer patients. *BMC Palliative Care* (2019)18:66. (Correspondence).
17. Alireza Nikbakht Nasrabadi; Hooman Shahsavari; Mohammad Almasian; Heshmatolah Heydari; Abdollah Hazini. Designing a Process Model of Home Care Service Delivery in Iran: A Mixed Methods Study. *IJCBNM*. 2019; 7(4):288-299. (Correspondence).

Persian:

1. Heshmatolah Heydari, Gholamreza Sharifirad, Aziz Kamran. Assessment of physical activity status in patients with type 2 diabetes based on Tran Theoretical model. *Health system research (HSR)*; 10(3), 2014: 429-441.
2. Heshmat Heydari, Aziz Kamran, Razieh mohammady, Reza Hosseinabadi. Experiences of nursing students with Mentorship program: A qualitative study. *Health Syst Res* 2012; 8(3):1-11.
3. Heshmaolah Heydari, Mohammad Sharif Malmir, Aziz Kamran, Nouraldin Beiranvand. Comparison of Addiction Causes from the Viewpoint of Addict patients and their families who referred to Khorramabad addiction withdrawal centers. *Health system research (HSR)*; 8(6), 2012: 1017-1027.
4. Gholam Reza Toushmal, mohammad Hakak, heshmatollah Heidary . A survey of quality gap of Khorramabad medical emergency services using with using SERVQUAL model. yafte 2015, 17(1): 78-86.(Correspondence).
5. Kamran A, Heydari H. Predictive Power of the Trans Theoretical Model for Physical Activity in Patients with Diabetic Patients. *Journal of health* 215; 6(4): 388-403. (Correspondence).
6. Biranvand N, Komilisani H, Heydari H. Study the relationship between emotional intelligence and coping strategies to stress in nurses. *Journal of Clinical Nursing and Midwifery* 2015; 4(3): 40-49. (Correspondence).
7. Heshmatolah Heydari, Marhamat Farhaninia, Mohammadtaghi Safdari, Hamid Haghani. The relationship between knowledge and family members' performance in

- confront with patient's heart attack. *Cardiovascular Nursing Journal* 2012; 1(3): 24-30.
8. Kamran A, *Gholamreza Sh, Siamak M, Heydari H*. Predictive power of the perceived benefits, barriers and self-efficacy from energy and fat intake in rural hypertensive patients. *Bimonthly Journal of Sabzevar University of Medical Sciences* 2015; 22(5): 927-936. (Correspondence).
 9. Heydari H, Kamran A, Novinmehr N. Nurses' Perceptions about Causes of Medication Errors: a Qualitative Study. *Hayat, Journal of School of Nursing and Midwifery, Tehran University of Medical Sciences*. 2014; 20(4): 15-30.
 10. HosseinAbadi R, Biranvand SH, Anbari KH, Heidari H. Workplace violence against nurses working in Khorramabad educational hospitals and the confronting behaviors in violent events. *The Journal of Urmia Nursing and Midwifery Faculty* 2013; 11(5): 351-362.
 11. Heshmatolah heydari, shahin raoufi, Aziz Kamran. Strategies to Improve Mentorship Plan: A Qualitative Study. *Iranian Journal of Medical Education* 2015; 15(22): 146-159.
 12. Heshmatolah heydari, shahin raoufi, Aziz Kamran. Critic to Article. Strategies to Improve Mentorship Plan: A Qualitative Study. *Iranian Journal of Medical Education* 2015, 15(37): 381-385.
 13. Heshmatollah Heidari, Gholamreza Sharifirad, Aziz Kamran. A Comparative Study of Teacher Evaluation Priorities from Viewpoint of the Faculty Members and Students of Lorestan University of Medical Sciences. *Health Syst Res* 2013; 9(7): 1-11.
 14. Heshmatolla Heydari, Aziz Kamran, Asieh Pirzadeh. Assessing of perceived barriers and behavior in nurses about reporting medication errors in hospitals of Lorestan University of Medical Sciences – 2011. *Health Syst Res* 2012; 8(5): 1-8.
 15. Heydari H, Nouritajer M. Assessment of knowledge of family member about their patient's myocardial infraction. *Aflak* 2007; 2(5, 5).
 16. Heydari H, Gholami M. Assessment of causes the opioid material abuse of viewpoint of addicts. *Aflak* 2008; 3(8, 9).

17. Rambod M, Rafei F, Ordobadi Z, Hossini F, Heydari H. Assessment the Quality of life in the dialyzing patients. Aflak 2008; 3(6, 7).
18. Heydari H, Malmir M. Survey of applied frequency of prehospital emergency (115) in the heart attack patients. Aflak 2009; 4(10, 11).
19. Nouritajer M, Heydari H. Assessment of type of valuing in the managers. Specific and scientific journal of psychology 2008. 1(1).

13. Books (Compilation, Translation, Conflation):

Heydari H, Khorramabadi M. Primary aid (Emergency and Technician). Shahpourkhast, Khorramabad.

14. Articles presented at national and international congresses and conferences (Oral, Poster):

1. Heydari H. Home- Based Palliative care. The 3rd International Clinical Oncology Congress and 13th Iranian annual. 19-21 December 2018, Tehran, Iran.
2. Heydari H. Home- Based Palliative care in the Emergency wards. 13th Annual Congress of Emergency Medicine. 17-19 November 2018. Tehran, Iran.
3. Heydari H. Home-based Palliative Care: A Strategy for Keeping Intensive Care Unit Beds Vacant. 32nd International Conference on Oncology Nursing and Cancer Care September 13-14, 2017 Singapore.
 1. Heydari H. Community orientation in health system of Iran. National festival the critic of 11th governess in the health area. 2015. Tehran, Iran.
 2. Hazini A, Heydri H. Home- Based palliative care missing link the caring of cancer patients. 15th congress of Iranian society of medical oncology and hematology and annual oncology nursing conference. 26-28 October 2016. Espinas palace Hotel, Tehran, Iran.
 3. Heydari H, Hossinabadi R, Hossini Z. Causes of medicine errors of viewpoint of nurses. 4th two annual congress in prevention of medical errors. 2012. Khorramabad. Iran.
 4. Heydari H, Gholami M, Assessment of first used substance, 1st place and age of beginning opioid substances in the addicts refer to withdrawal centers. First national festival healthy adolescent as national treasure. 2010. Bousher, Iran.

5. Heydari H, Zendekar A. Necessity of exist rules and regulation in traditional medicine. National congress in traditional medicine, integrated treatments and herbal drugs. 2011. Khorramabad, Iran.
6. Heydari H, Toulabi V. Ability of ethical reasoning in the employment and non-employment of nursing students in front of ethical dilemma. National congress of conformity of health services with principles of Islam. 2012. Khorramabad, Iran.
7. Heydari H, Heydari F. survey of applied frequency of prehospital emergency (115) in the heart attack patients. International festival of medical students. 2010. Khorramabad, Iran.
8. Mohammadi B, Heydari H. Prevalence of high risk behavior among students of Lorestan University of medical sciences. First national festival healthy adolescent as national treasure. 2010. Bousher, Iran.
9. Heydari H. Mentorship and nursing education. Congress of Nursing and midwifery Education, from theory to practice. Iran University of medical sciences. 2015. Tehran, Iran.
10. Heydari H. Comparative Study of Teacher Evaluation Priorities from Viewpoint of the Faculty Members and Students of Lorestan University of Medical Sciences. Master evaluation in medical education. Tehran University of medical sciences. 2015, Tehran, Iran.
11. Heydari H. Challenge of home health care in Iran. National congress and 2th self-care and patient education festival, Tehran University of medical sciences, Tehran, Iran. 2017.
12. Heydari H. Self-care in the diabetic patient based the behavior change model. National congress and 2th self-care and patient education festival, Tehran University of medical sciences, Tehran, Iran. 2017.

15. Workshops (Teaching, Presence):

16. Inventions and Inventions:

17. Research Projects (Executor, Collaborator):

18. Reviewer of National and International Scientific Journals:

Journal of Electronic Physician

Hayat

Yafteh

Aflak

19. Editorial Board of Medical Journals:

Journal of Electronic Physician

20. Membership in Scientific Associations:

21. General Skills:

Community Health Services

22. General interests:

Community- Based Services